

Medical Professionals on the Benefits of Glutathione

"We literally cannot survive without this miraculous antioxidant," according to Dr. Earl Mindell, What You Should Know about the Super Antioxidant Miracle

"No other antioxidant is as important to overall health as glutathione. It is the regenerator of immune cells and the most valuable detoxifying agent in the body. Low levels are associated with early aging and even death." The Immune System Cure, Lorna R. Vanderhaeghe & Patrick J.D. Bouic, Ph.D.

"Without glutathione, other important antioxidants such as vitamins C and E cannot do their job adequately to protect your body against disease." Breakthrough in Cell Defense, Dr. Allan Somersall, Ph.D., M.D. with Dr. Gustavo Bounous, M.D. FRCS(C)

"Your life depends on glutathione. Without it, your cells would disintegrate from unrestrained oxidation, your body would have little resistance to bacteria, viruses and cancer, and your liver would shrivel up from the eventual accumulation of toxins." Glutathione: Essential Health AID - Antioxidant. Immune Booster. Detoxifier, Dr. Jimmy Gutman, MD, FACEP

"A review article published in the Annals of Pharmacology stated that glutathione is important in DNA synthesis and repair, protein and prostaglandin synthesis, amino acid transport, detoxification of toxins and carcinogens, enhancement of the immune system, and protection from oxidation and enzyme activations." The Immune System Cure, Lorna R. Vanderhaeghe & Patrick J.D. Bouic, Ph.D.

"Glutathione has potent anti-viral properties - if you raise the glutathione level you can stop the replication of most any, at least, intracellular pathogen....but glutathione deficiency produces a pro-viral effect." Dr. Paul Cheney, transcribed from a workshop presentation on the clinical management of Chronic Fatigue Syndrome

"Glutathione levels also diminish as we age and many diseases normally associated with aging have been linked to glutathione deficiency." Glutathione: Essential Health AID - Antioxidant. Immune Booster. Detoxifier, Dr. Jimmy Gutman, MD, FACEP

"Clinical evidence links low glutathione levels to the most common illnesses of our time as well as newly emerging diseases." Glutathione: Essential Health AID - Antioxidant. Immune Booster. Detoxifier, Dr. Jimmy Gutman, MD, FACEP

"Because all other antioxidants depend upon the presence of glutathione to function properly, scientists call it 'the master antioxidant'." Glutathione: Essential Health AID - Antioxidant. Immune Booster. Detoxifier, Dr. Jimmy Gutman, MD, FACEP

"Healthy people also benefit from elevated glutathione levels through an enhanced ability to fight off toxins, infectious disease, pre-cancerous cells and the aging process itself." Glutathione: Essential Health AID - Antioxidant. Immune Booster. Detoxifier, Dr. Jimmy Gutman, MD, FACEP

Many world-class athletes are discovering that well-maintained glutathione levels give them the edge over their competitors, bringing greater strength and endurance, decreased recovery time from injury, less muscle pain and fatigue, and muscle-promoting activity." Glutathione: Essential Health AID - Antioxidant. Immune Booster. Detoxifier, Dr. Jimmy Gutman, MD, FACEP

It is well known that aging is accompanied by a precipitous fall in glutathione levels. Lower glutathione levels are implicated in many diseases associated with aging, including cataracts, Alzheimer's disease, Parkinson's, atherosclerosis and others.

Journal of Clinical Epidemiology 47: 1021-26 1994

Low glutathione levels have been associated with neuro-degenerative diseases such as MS (Multiple Sclerosis), ALS (Lou Gehrig's disease), Alzheimer's disease and Parkinson's disease, among others.

The Lancet 344: 796-798, 1994

Glutathione plays a role in eliminating many carcinogens and also maintains an optimized immune function, providing stronger anti-tumor defenses.

Cancer Letters 57: 91-94 1991

Low glutathione levels correspond to poor survival in AIDS patients. Much documentation demonstrates the role of enhanced glutathione levels in AIDS.

Proceedings of the National Academy of Science, USA 94: 1967-72, 1997

Raised glutathione levels fight the oxidation of circulating fats in the bloodstream, including cholesterol, retarding the process of plaque formation in the arteries - the underlying cause for most heart disease and stroke.

Nutrition Reviews 54: 1-30, 1996

Diabetics are prone to infections and circulatory problems leading to heart disease, kidney failure and blindness.

Glutathione protects against the complications of diabetes.

Clinical Science 91: 575-582, 1996

Doctors have used glutathione-promoting drugs to treat many lung diseases including asthma, chronic bronchitis and emphysema. Newer potential therapeutic roles can be found for cigarette smoke damage, pulmonary fibrosis and other illnesses.

American Journal of Medical Science 307: 119-127, 1994

Glutathione protects the body from the inflammation of gastritis, stomach ulcers, pancreatitis and inflammatory bowel disease including ulcerative colitis and Crohn's disease.

Gut 42: 485-492, 1998

The liver is the major storehouse for glutathione. Glutathione is impaired in alcoholic hepatitis as well as in viral hepatitis A, B, and C. Raised glutathione levels restore liver function.

American Journal of Gastroenterology 91: 2569-2573, 1996

Glutathione detoxifies a variety of pollutants, carcinogens and poisons, including many found in fuel exhaust and cigarette smoke. It also retards damage from radiation exposure due to the eroding ozone layer.

Annual Reviews of Biochemistry 52: 711-760 1983

Raised glutathione levels help increase strength and endurance. Those interested in physical fitness can benefit from a definite athletic edge.

Journal of Applied Physiology 87: 1381-1385, 1999

Strong muscular activity, such as that experienced by athletes, generates oxyradicals [free radicals] leading to muscle fatigue and poorer performance. Glutathione neutralizes these radicals.

Sport Medicine 21: 213-238, 1996

Lymphocytes, cells vital for your immune system, depend on glutathione for their proper function and replication.

IMMUNOLOGY 61: 503-508 1987

Antioxidants are well documented and known to possess vital roles in health maintenance and disease prevention. Glutathione is your cell's own major antioxidant. Maintaining elevated glutathione levels aids the body's natural antioxidant function.

Biochemical Pharmacology 47: 2113-2123 1994

Find out More About Glutathione

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Narrow your search by entering "glutathione and [your health concern]" or you'll get over 61,000 abstracts!

Hear more from Dr. Robert Keller at: [620-294-1600](tel:620-294-1600) option #9